



Newsletter 05.02.2021

Issue 16

Message from Mr Inglis, Head of School

I hope you remain safe and well. Now that all teething problems have been sorted out, it's been good to receive so much positive feedback from pupils and families regarding the live lessons. Online attendance remains high and speaking to pupils in school this week, they report that they are enjoying this new way of working and it is helping them to make better progress. However, feedback from some has been that the increased screen time can be very tiring, especially for younger pupils being online for five hours a day. I am looking forward to seeing the work from KS3 'Wellbeing Wednesday' next week, as pupils take a break from their screens for a day to complete a range of activities to support health and wellbeing without using electronic devices.

As the current lockdown continues and we approach the end of the national Mental Health Week, a reminder about the help that is available to families from the city:

Birmingham Children's Partnership Letter to families. - <https://bep.education/wp-content/uploads/2021/02/BCP-Letter-to-Parents-Carers-Jan-21.pdf>

Birmingham Children's Partnership – Resources - https://www.birmingham.gov.uk/info/50224/birmingham_children_s_partnership/2156/birmingham_children_s_partnership_-_resources

Birmingham Education Partnership – Support for Parents - <https://bep.education/inclusion/resources/support-for-parents/>

And finally, a message from Birmingham City Council regarding the COVID-19 variant:

Additional testing is being made available in the Frankley Great Park ward and a specific area in South Northfield in Birmingham, where a case of the COVID-19 variant first identified in South Africa has been found. The council is working closely with Public Health England and the national NHS Track and Trace team to support measures to curb any potential spread of this variant; this will include significantly increasing the testing offer in a targeted way.

Residents over the age of 18, who are living or working in the Frankley Great Park ward and the part of south Northfield between Frankley and the A38, south of Tessall Lane, since 1 January 2021 are strongly encouraged to take a COVID-19 test this week, even if they are not showing symptoms. For people with no coronavirus symptoms:

- Drive through testing is available at the St. Modwen testing site without an appointment - located on Bristol Rd South, opposite Longbridge Lane / Bournville College
- A further Mobile Test Unit will be opened on Friday
- The council is also opening a series of designated sites for citizens to collect a home testing kit to test at home and return to the same venue the same day for return to the lab
- The council is working with local businesses to make testing available for their staff in workplaces and we will share details with schools as soon as possible

It is important people test through these designated sites because the samples are sent back to a specific laboratory for analysis and individuals should get their results within 48 hours. If you have coronavirus symptoms you should [get a free NHS test to check if you have coronavirus](#). If a person tests positive, has any symptoms, or is contact traced following close contact with someone who tests positive, they should self-isolate immediately.

There is currently no evidence to suggest this variant is more serious than others, or that the regulated vaccine would not protect against it.

Mental Health Week

'Mental Health' - Mrs Oshodi

During our 'Learning for Life' sessions which are usually held during the first ten minutes of period one, our pupils are all taught about a key safeguarding message every week. During lockdown, we feel it is important that the messages pupils have heard during the Autumn Term are not forgotten and so each week in the newsletter, we will be giving an overview of these sessions so that the conversations can continue at home. The powerpoints that were used with pupils can be found on the PIP area on our website <https://web-tgbs.wixsite.com/tgbs/pip>.

Mental Health Support at Turves Green Boys' School

Over 50% of mental illnesses start before the age of 14, and 1 in 10 children and young people are coping with the challenges of a mental health disorder. Schools are on the frontline when it comes to supporting children and young people's mental wellbeing. Staff working in schools are ideally placed to recognise and respond to early signs of mental health difficulties in children and young people.

How can the school support you?

At Turves Green Boys' School we prioritise supporting our young people to build emotional resilience and help them to cope with and bounce back from adversity. Our Mental Health provision may include:

- One to one support with the Mental Health Lead and school councillor. Group sessions may also be offered subject to need with Mental Health screenings for all pupils.
- Form time sessions at the beginning of every school day to discuss topical issues, safeguarding and mental health and wellbeing.
- A Safeguarding Committee of pupils who take an active role in promoting mental health dialogue amongst their peers.
- Assemblies- throughout the academic year.
- PSHE Curriculum
- All pupils in Year 7-10 have an hour a week of PSHE which focuses heavily on mental Health and wellbeing as well as practical strategies to help and identify any problems.
- Flexible Learning days- at least 2 during the year covering a range of topics relating to wellbeing and PHSE.
- Support from the Pastoral Year Leader which may include one on one meetings or simply a 'touch base' at the end of the day to discuss any issues.
- Regular staff training on how to support our pupils and spot signs of mental health issues.

Children's Mental Health Week 2021 - Express Yourself

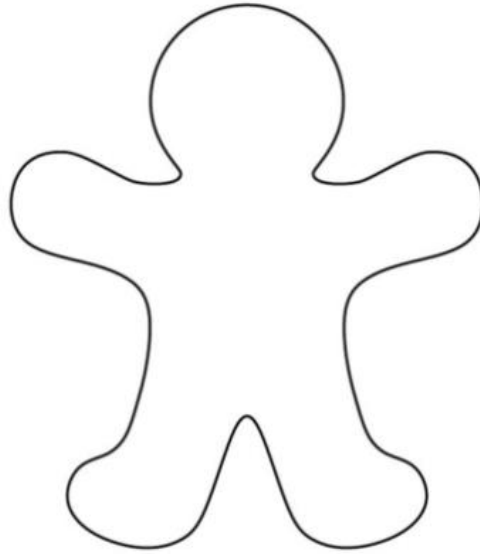
From 1st – 7th February 2021 schools, youth groups, organisations and individuals across the UK have taken part in Children's Mental Health Week. This year's theme was Express Yourself.

Expressing yourself is about finding ways to share feelings, thoughts, or ideas, through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make you feel good.

It's important to remember that being able to express yourself is not about being the best at something or putting on a performance for others. It is about finding a way to show who you are, and how you see the world, that can help you feel good about yourself.

For Children's Mental Health Week 2021 we will be encouraging children (and adults) to explore the different ways we can express ourselves, and the creative ways that we can share our feelings, our thoughts and our ideas.

Draw Your Emotions



Pause.

ForwardThinking
Birmingham

Need someone to talk to?
Struggling to cope with feelings?
We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed. Register for support via our website: www.forwardthinkingbirmingham.org.uk/services/13-pause

Or call [0207 841 4470](tel:02078414470) and we will arrange for one of our friendly staff to call you back.

Who can use us?

You can use us if you have a Birmingham GP and are:

- Under 25 years old (If you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
- Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

How can we help?

We can offer:

- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Each call lasts around 20-30 minutes which focuses on ways forward.

Our Opening Hours:

Monday to Friday: 10am-6pm, Saturdays: 10am-5pm.
We are closed on Sundays and Bank Holidays.



The
Children's
Society

Outstanding Work





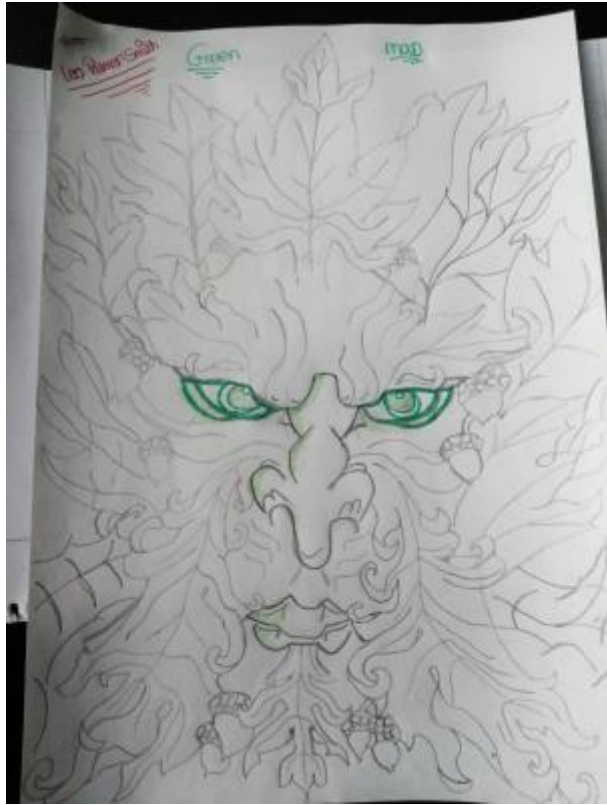


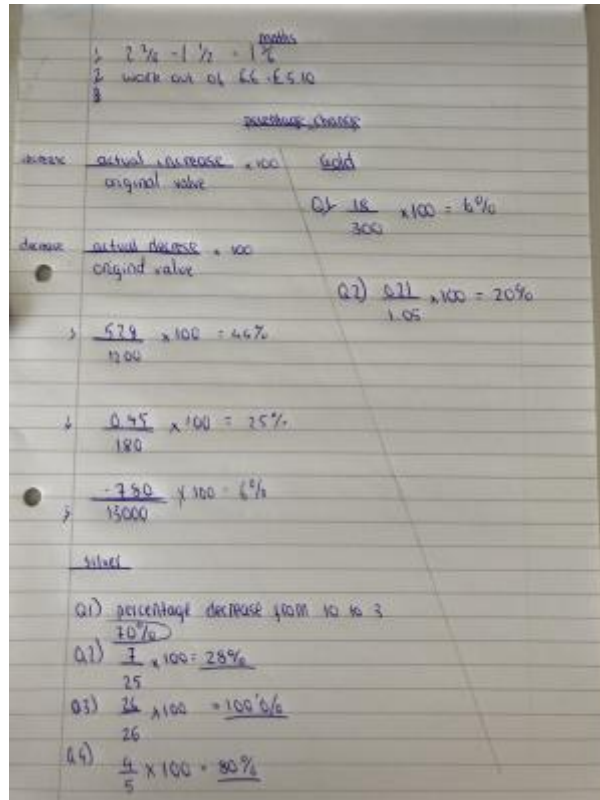




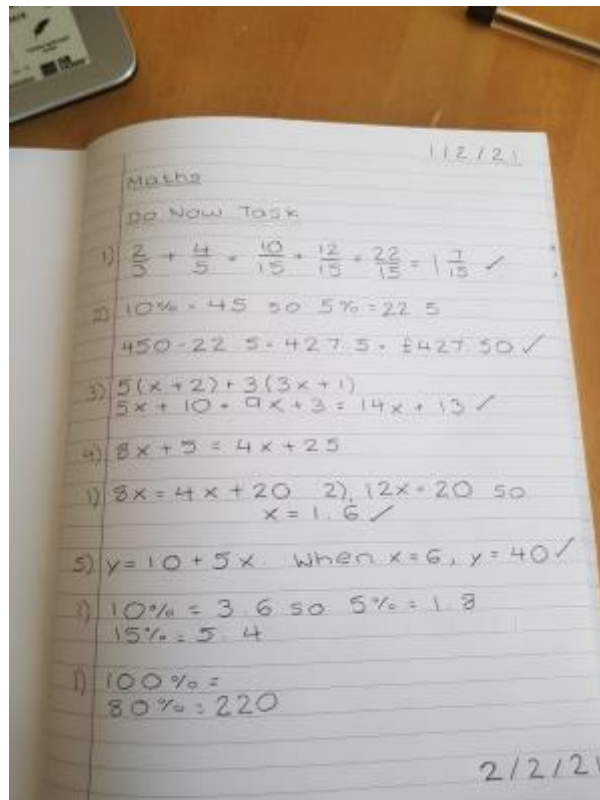




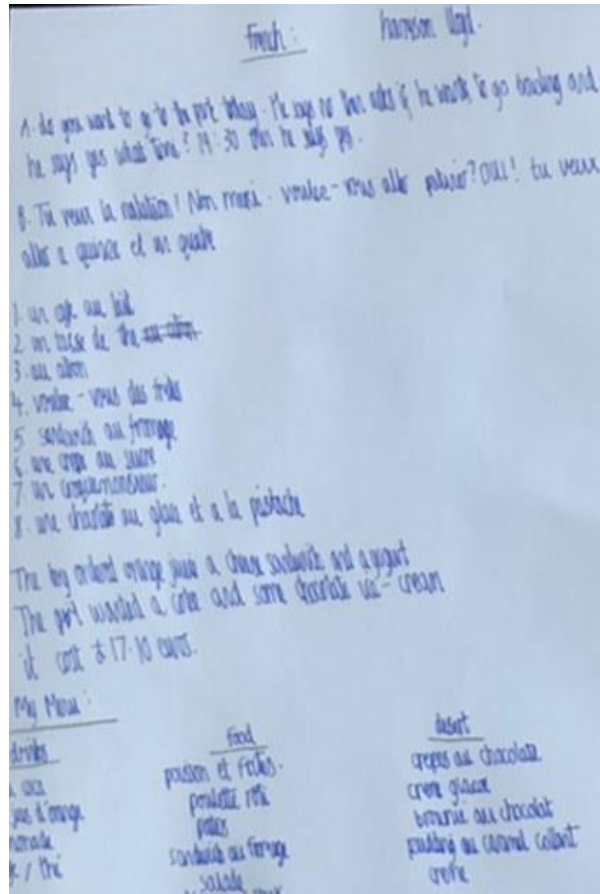




1 - Great Maths work James



2 - Well done Thomas



3 - Great French work Harrison, well done

French - Cody Zammit

"Bonjour."

"Bonjour."

"Tu aime le sport?"

"Jadore le sport je joue le foot ete et hiver je joue le cartes."

"Je deteste au Basketball et Jaieme PlayStation."

"Je joue le tennis"

Well done Cody, great progress in French - Mr Westwood

French conversation - Sidney Moore

Juliet

Tu aimes le sport?

j'aime le sport et j'aime le hockey et le basketball

Tu aimes le sport?

Lewis

Je déteste le sport mais j'aime la playstation 4

Well done Sidney, you're showing great understanding of French conversation - Mr Westwood

French Menu - Oscar Shipp - *Well done Oscar, great investigation of French food*

Starters (entrees)

Escargots

Des croissants

Mousse de saumon canapés

Socca

Main Courses (plats principal)

Coq Au Vin.

Gougeres

French Lentils with Dijon Vinaigrette

Marseille-Style Shrimp Stew

Bouillabaisse

Duck à l'Orange

Desserts

Crêpes

French Macarons

Pumpkin and chocolate eclairs

Drinks (boissons)

Orangina

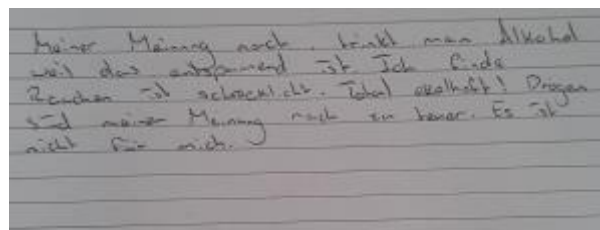
Pastis

Champagne

Diablo menthe

German - Mr Westwood

On Friday, our Year 10 German pupils worked on MS Teams in "Breakout Rooms" and completed small group speaking activities. I was really impressed with how the pupils worked and they reported that they really enjoyed learning in such a sociable way.



Wednesday 3rd February 2020

German

Ich finde, Alkohol ist ^{sehr} Schrecklich und Alkohol
 ist nicht biniger, ~~als~~ ~~At~~ ~~doch~~ Alkohol ist
 nicht gut für ihr Gesundheit. Meiner Meinung
 nach ist eine junge trinken Alkohol und es gibt
 illegal, und ich werde nicht trinken Alkohol
 wenn ich bin achtzehn

Ich finde Alkohol ist sehr Schrecklich
 und Alkohol ist nicht biniger

doch Alkohol ist nicht gut für ihr gesundheit

Meiner und meinung nach ist eine junge trinken
 Alkohol kann ~~ich~~ ~~Wen~~ und es gibt illegale

und ich werde nicht trinken Alkohol wenn ich
 bin achtzehn Jahre alt.

german

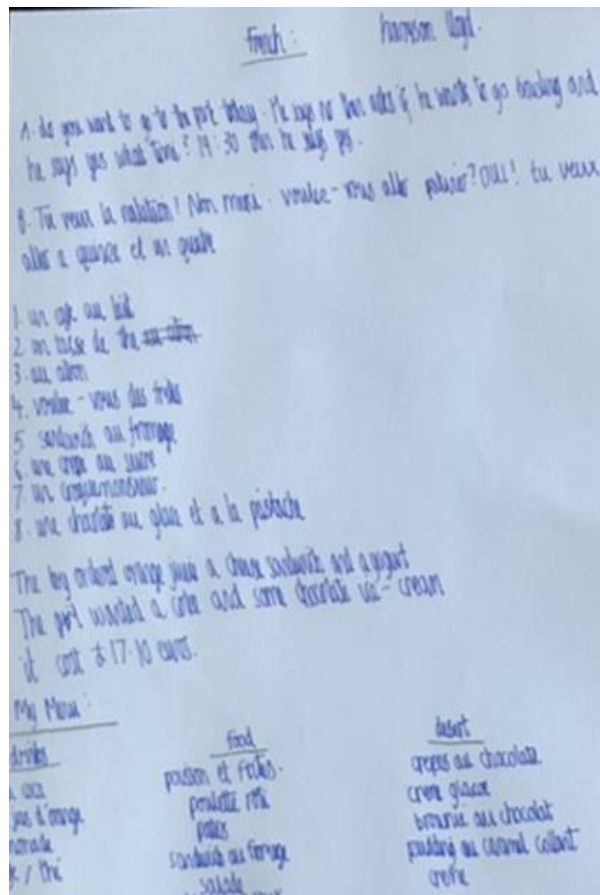
meine meinung nach trinkt alkohol, weil das spaß macht

Ich finde Drogen sind schrecklich

man sollte nicht zigaretten rauchen, weil
 das süchtig macht.

Ich finde rauchen ist eine geldverschwendung.

Brilliant French work from Harrison Lloyd this week. Harrison is learning how to arrange how to meet up with friends (after Lockdown) and has prepared what he would serve in his French Cafe:



Parents In Partnership

E Safety: TikTok - Mrs Oshodi

TikTok is a video-sharing social media app available on iOS and Android which lets users create, share, and view user created videos in a similar manner to Facebook, Instagram and Snapchat. Its main draw, however, is that users can record and upload bite-sized looping videos of themselves lip-synching and dancing to popular music or soundbites, often for comedic effect, which can then be further enhanced with filters, emojis and stickers. TikTok has been designed with the young user in mind and has a very addictive appeal. At the beginning of 2019 it skyrocketed in popularity and has featured near the top of download charts ever since. Estimates suggest that it now has anything between 500 million and over 1 billion monthly active users worldwide.

How safe is TikTok?

Using any social network can be risky, but it's possible for young people to safely use the app with adult supervision (and a private account). When you sign up for TikTok, your account is public by default, meaning anyone can see your videos, send you direct messages, and use your location information. Parents should make sure to turn on all privacy settings for accounts young people are using, so only people you know can interact with your videos or message you on the app. That means either opting for a private account or changing the settings for comments, duets, reactions, and messages to "Friends" instead of "Everyone." You can also turn those features off completely.

How does TikTok work?

Tik Tok users sign up with a phone number, an email address, or a third-party account such as Facebook and Instagram. Once logged in, you can search popular creators, categories (comedy, animals, sports), and hashtags to find videos. Or you can use your phone contacts or social media followers to find friends already on the app. Many young people on Tik Tok like to create videos, but plenty of people don't post themselves -- they just use the app to find and follow content creators.

Is TikTok appropriate for kids?

Because of TikTok's emphasis on popular music, many videos include swearing and sexual lyrics, so it may not be age-appropriate for young people to use on their own. It's also easy to find people wearing revealing clothing and dancing suggestively, although TikTok won't let you search for objectionable content such as "sex" or "porn." If you supervise your children and stick to songs you already know from the radio, TikTok can be a child-friendly experience. Users can also earn TikTok Reward points by inviting friends to download the app, and then they can redeem those points for coupons from brands like Sephora and Uber. It's also possible to spend real money by adding virtual coins to your Wallet.

What age is TikTok recommended for?

TikTok requires that users be at least 13 years old to use the full TikTok experience, although there is a way for younger children to access the app. Anyone under the age of 18 must have approval of a parent or carer - but there are plenty of young tween users.

How can you make your TikTok account private?

To make your TikTok account private, go to your profile page and select the three-dot icon in the top-right corner. Select Privacy and Safety. There, toggle the switch for "Private Account." You can also select who can send you comments and direct messages, and who can do a duet with you. Using the "Friends" setting or turning those features off completely limits contact with strangers.

How do I delete a TikTok video?

To delete a TikTok video that you have posted to your account, select the video you want to delete from your profile. From there, tap the "..." icon in the bottom-right corner and select Delete or the trash can icon. You will be asked if you are sure you want to delete the video. Then it will be removed from your profile.

Does TikTok have parental controls?

TikTok allows parents to set time limits, filter mature content, and disable direct messaging for young peoples accounts. You can enable time limits and the content filter on your child's phone and protect the settings with a passcode, but to disable direct messaging you need to use the app's Family Pairing feature. (Family Pairing also gives you access to time limits and content filter settings.) You'll need your child's phone to sync the settings.

Here's how to enable screen limits and filter content: Go to your child's account and tap the three dots at the top right of the user profile. Then select "Digital Wellbeing" next to the icon of an umbrella. From there, select the features you want to enable:

Screen Time Management. This setting limits users to a maximum of two hours on the app per day, but you can limit it to 40 minutes. If you're only enabling this on your child's phone, choose a passcode to lock the setting.

Restricted Mode. This blocks mature content, but even with the filter on, young people using the app on their own might come across age-inappropriate videos. Lock the setting with a passcode.



World Book Day Thursday 4th March 2021

Have you read a good book lately? Do you have a favourite?

On the run up to World Book Day which will take place on Thursday 4th March 2021, we will be recommending books for all ages to read.

If you have read a good book lately or have a favourite book and would like to recommend it to others, write a short paragraph outlining the story.....*but don't give away the ending.*

Here's a few to get you started:

Swallows and Amazon – Arthur Ransome

The Walker children - also known as Captain John, Mate Susan, Able-Seaman Titty, and Ship's Boy Roger - set sail on the *Swallow* and head for Wild Cat Island. There they camp under open skies, swim in clear water and go fishing for their dinner. But their days are disturbed by the Blackett sisters, the fierce Amazon pirates. The Swallows and Amazons decide to battle it out, and so begins a summer of unforgettable discoveries and incredible adventures

The Curious Incident of the Dog in the Night Time– Mark Haddon

The Curious Incident of the Dog in the Night-Time is a murder mystery novel like no other. The detective, and narrator, is Christopher Boone. Christopher is fifteen and has Asperger's Syndrome. He knows a very great deal about maths and very little about human beings. He loves lists, patterns

and the truth. He hates the colours yellow and brown and being touched. He has never gone further than the end of the road on his own, but when he finds a neighbour's dog murdered he sets out on a terrifying journey which will turn his whole world upside down

Slime – David Walliams

This little island is home to a large number of horrible grown-ups. The school, the local park, the toy shop and even the island's ice-cream van are all run by awful adults who like nothing more than making children miserable. And the island is owned by the most awful one of all – Aunt Greta Greed!

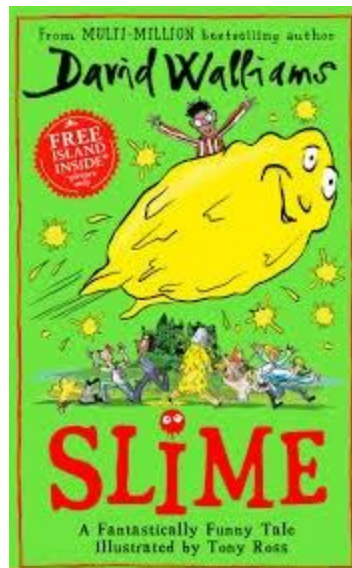
Something needs to be done about them.

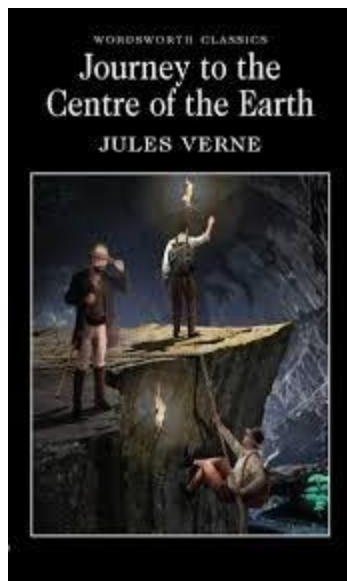
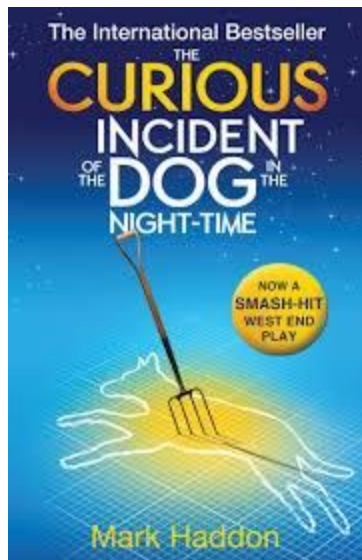
But who could be brave enough?

Meet Ned – an extraordinary boy with a special power. **SLIMEPOWER**

Journey to the Centre of the Earth – Jules Verne

Axel and his uncle find a note that describes a path to Earth's center! The men climb deep inside a volcano and discover amazing wonders. They also run into danger, which could trap them below the surface forever.





Design Your Own Book Cover Competition - Miss Chetwynd

Firstly, think of all the words to put on the cover: *title, author, publisher, strapline* (short exciting phrase), *blurb* (what the book is about) ...

Secondly, think of pictures that would show what the book is about

Now think of anything else like a *publisher's logo, a photo of the author* and a *quote from a critic*.

Decide what goes on the front, the back and the spine.

Next draw a rough design.

Choose a colour scheme, 3 colours are usually enough.

Lay out your paper for the cover as below and remember that the left will be the back and the right will be the front when it is folded onto the book.

Which way will you write on the spine so that you can read it on a bookshelf?

Send your book covers to s.chetwynd@tgbs.co.uk

Create your own book mark:

What will you put on your bookmark? Will it be about the book cover you are creating or will it be spontaneous design?

Have fun with this and be as adventurous as you wish.

Miss Chetwynd is looking forward to seeing all your designs. Send them to s.chetwynd@tgbs.co.uk

Online Learning & the Curriculum

TEAMS LESSONS

It's been great to hear about some of the fantastic work completed by pupils on Teams over the last 2 weeks.

In order to support pupils to understand how to use teams, I've been searching the web for some useful videos to help pupils make the most of TEAMS.

This week, I have included a link to a video to help pupils use the Class Notebook function.

Class Notebook is a really useful tool for taking notes, completing work and a way for teachers to share class material. Follow the link below and you can start making the most of Class Notebook.

<https://www.youtube.com/watch?v=4IGQtA-lds>

Miss Mansell's Factoids

1. Musicians brains have stronger structural and functional connections compared to non-musicians
2. ¼ of all known bee species haven't been seen since the 1990's
3. Ancient humans started consuming dairy before they developed a mutation to digest it
4. Plants can release aromas to let neighbouring plants know they are being attacked
5. Chalk is made from trillions of microscopic plankton fossils

Safeguarding Committee

SAFEGUARDING COMMITTEE By Oliver Choi

The Safeguarding Committee was created as a group of pupils whom other students could talk to should they feel unsafe, struggling or have any other concerns if they feel uncomfortable talking to a member of staff within the school.

Examples of issues that pupils could encounter include mental health, bullying, physical health concerns/exercise, or general concerns within the community such as helping food banks. Works and presentations around the safeguarding committee have included the above. As an example, we did a presentation regarding the safety of moving around the school's new layout. This we hope has helped many pupils to feel safer whilst moving around school. Any other issues pupils are concerned about, we look to do presentations or articles in the future,

I am very honoured to be a part of the Safeguarding Committee, as I thoroughly enjoy the role of helping and informing pupils in the best way I can. I also enjoy taking on challenges and as a good listener and speaker, I am also able to put these skills into my role. I particularly enjoy speaking to visitors when they come in to school, as it helps me improve on these skills.

I am looking forward to any suggestions pupils have in the future for that they would like us to get involved in. Not only will it help address the concerns of the pupils, it will help ourselves to understand and learn more, and it will help the school community too.

Safeguarding Committee - Sheikh Cham

Turves Green Boys' School introduced the Safeguarding Committee to help students with their mental health issues, make them feel safer and happier in school. The presentation we did on Mental Health, Anti-Bullying and Food Bank were there to raise awareness to students to tell them how important it is to know about these subjects.

Mental Health is about someone's wellbeing; how we feel emotionally and our state of mind. Having mental health issues can cause you to feel sad and lonely and can affect your confidence. This has led many young people to committing suicide for many reasons like academic results or home life and the way they are treated. It is very important to talk to someone you trust when you feel lonely. Talking will help you release your emotions.

Food Bank is another area the safeguarding committee decided to work on. All Year 7 were asked to bring in food donations so we can give it to our local foodbank in Kings Norton Business Park. Lots of students donated and this was widely appreciated.

Anti-bullying was another subject we talked about. Bullying is repeated negativity towards a person making them feel unsafe and uncomfortable. People can tackle bullying by speaking up. They also need to be confident and brave and stand up for themselves but this does not mean retaliation and fighting back. If you are being bullied online, you can report the bully to CEOP which help children tell their worries anonymously and CEOP will find the bully or you can set all your social media accounts to private so only your family and friends see what you're doing.

Healthy exercises help with mental illness especially during lockdown. I have been keeping active by walking to the local park and doing exercise at home with Joe Wicks on YouTube every morning. I usually stand outside in my balcony to get fresh air. I did P.E with Marcus Rashford on Television. It

really boosted my mental health and made me feel healthy. I also did yoga which made me feel mindful and relaxed. One thing I also do is write a diary which helps express my feelings.

We wanted to produce a logo because it would be good to show other students who we are and that we are here to help them if they have any stress or worries they need to talk about. I enjoy being in the Safeguarding Committee and one thing I'd like to do in future for the committee is to help other students by learning what they enjoy and what stresses them out so I can help them. Other than that, I enjoy reading, playing football and I like going to cinemas, museums and zoos.

What our pupils have been up to this week

























Careers - *If you can dream it, you can do it!*

Important Dates:

JLR. Degree Apprenticeships in Engineering. Closing 15th February 2021

BMW. Apprenticeships. <http://www.bmwgroup.jobs/uk> 14th March 2021

Severn Trent PLC. Advanced Apprenticeship Water Process Technician Closing 21st March

JD Dental. Dental Nurse Apprenticeship Advanced. Closing Date 6th June 2021

Busy Bees. Child Care Level 3 Advanced Apprenticeship. Closing Date 30th Jan 2021

MakeUK. Engineering Apprenticeships. www.makeuk.org/future-makers

New Opportunities and Openings:

Amey Group Plc. Rail Degree Apprenticeships. Closing Date 12th Feb 2021

WSP UK Ltd. Birmingham Planning Team Advanced Apprenticeship. Closing 30th April

AoN PLC. Insurance and Reinsurance Advanced Apprenticeship. Closing 3rd Feb 2021

JB Dental Surgery. Advanced Dental Nurse Apprenticeship Closing 6th June 2021

Kennedys. Higher Legal Apprenticeship. Closing 28th Feb 2021

MGTS. Engineering Apprenticeships Advanced Level. Closing Date 28th February 2021

Toyota. Advanced Apprenticeship Service and Maintenance Closing 30th May 2021

BT. Advanced Apprenticeship in Power Planner. Closing Date 31st March 2021

MAKEUK. Several Engineering opportunities. www.makeuk.org/futuremakers

Kennedys. Legal Apprenticeship Higher Level 4. Closing Date 28th February 2021

For further information on these apprenticeships: www.getingorfar.gov.uk and www.getmyfirstjob.co.uk

You will have to register with these websites.

Useful Websites:

Exploring ideas, interests and skills

www.nationalcareersservicedirect.gov.uk

www.icould.com

www.bfi.org.uk - British Film Industry runs a national programme offering hands-on filmmaking.

Apprenticeships

www.apprenticeships.gov.uk

www.notgoingtouni.co.uk

Higher Education

www.ucas.com

www.university.which.co.uk

www.whatuni.com

www.hecsu.ac.uk