

Sports Studies



Qualification

Examination Board Specification Code

Cambridge National Certificate

OCR

J813

Course Overview



Turves Green Boys' School has prided itself on providing a KS4 option in Physical Education for many years. With such facilities, access and experience, we consider PE at Key Stage Four a vital part of the school's culture. Pupils who choose PE would be timetabled to three hours per week with a mixture of theory and practical that would benefit their understanding of course expectations and requirements.

Notes

Topics Covered

- R051: Contemporary Issues in Sport
- R052: Developing Sports Skills
- R053: Sports Leadership
- R054: Sport and the Media

Assessment

Pupils will be assessed against OCR Sport course criteria. The course is made up of four units, one which is exam based, one practical and two which are coursework based. For Unit 1, pupils will be required to sit a 60 minute written exam paper in Year 11. Practical and coursework evidence for the other three units will be produced in weekly lessons through assignments and practical tasks.

Course Progression

Following successful completion of this course, pupils will be able to follow an 'A' Level in Sports Studies or Sports Science, or a BTEC National Level 3. Both of these options can lead to a university degree course.

Career Opportunities

The skills developed studying this course lend themselves to a wide range of careers and pupils can choose to specialize in: sports coaching, nutrition, physiotherapy, leisure management, instructor or personal trainer, teacher and many more.

For Further Information

- <http://www.ocr.org.uk/Images/82412-specification.pdf>
- <https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j803-j813/>
- <https://careers-in-sport.co.uk/>