

Turves Green Boys' School

Curriculum Plan

Physical Education

	Block 1 (Sep-Dec)	Block 2 (Dec-Mar)	Block 3 (April)	Block 4 (May-June)	Block 5 (June-July)	Block 6 (July)
7	 Football: Covering core skills such as dribbling, passing and shooting. Badminton: Covering core shots, rules and outwitting your opponent. HRF: Covering fitness testing, circuits and components of fitness. 	 Handball: Covering core skills such as throwing, receiving, dribbling and shooting. Basketball: Covering core skills such as passing, dribbling, shooting and rules. OAA: Covering basic orienteering skills and participating in a variety of unique sports. 	Alternative & Disability Sports: Covering a wide range of different alternative and disability sports such as blind football, boccia and sit-down volleyball.	Athletics: Covering core athletic events such as sprints, long jump and shot put.	Cricket: Covering core skills such as throwing, catching, long barrier, bowling and batting.	Alternative & Disability Sports House Competitions
8	Football: Developing key skills learnt in Year 7 while also covering more complex attacking and defensive strategies. Badminton: Developing key skills learnt in Year 7 while also covering more complex shot types. HRF: Developing knowledge learnt in Year 7 while deepening the understanding of key terminology.	 Handball: Developing key skills learnt in Year 7 while also covering the jump shot, game play and tactics. Basketball: Developing skills learnt in Year 7 while also covering BEEF, jump shot, and lay up. OAA: Developing and refining orienteering skills and participating in a variety of unique sports. 	Alternative & Disability Sports: developing knowledge and experience in a wide range of different alternative and disability sports such as blind football, boccia and sit- down volleyball.	Athletics: Developing skills learnt in Year 7 while also covering javelin and rely races.	Cricket: Developing skills learnt in Year 7 while also developing more complex batting techniques such as the cut shot.	Alternative & Disability Sports House Competitions



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9	Football: Refining skills from Year 7 and 8 while also covering heading, tactics and set pieces. Badminton: Refining skills learnt in Years 7 and 8 while also covering smash shot, officiating and outwitting an opponent. HRF: Refining knowledge from Years 7 and 8 while also designing circuits and applying knowledge to popular physical activities.	 Handball: Refining skills learnt in Years 7 and 8 while also covering man to man and zonal defence, fast break and officiating. Basketball: Refining skills learnt in Years 7 and 8 while also covering man to man and zonal defence, fast break and officiating. OAA: Mastering foundational orienteering skills as well as participating in an array of unique sports. 	Alternative & Disability Sports: refining knowledge and experience a wide range of different alternative and disability sports such as blind football, boccia and sit-down volleyball.	Athletics: Refining skills learnt in Years 7 and 8 while also covering triple jump and discus.	Cricket: Refining skills from Years 7 and 8 while also covering the drive shot, pull shot, swing and spin bowling.	Alternative & Disability Sports House Competitions
10	Football: Refining skills from KS3 while also developing key leadership, coaching and officiating roles. Badminton: Y Refining skills from KS3 while also developing key leadership, coaching and officiating roles.	 Handball: Refining skills from KS3 while also developing key leadership, coaching and officiating roles. Basketball: Refining skills from KS3 while also developing key leadership, coaching and officiating roles. 	Alternative & Disability Sports: refining knowledge and developing key leadership, coaching and officiating roles in a wide range of different alternative and disability sports such as blind football, boccia and sit- down volleyball.	Athletics: Refining skills from KS3 while also developing key leadership, coaching and officiating roles.	Cricket: Refining skills from KS3 while also developing key leadership, coaching and officiating roles.	Alternative & Disability Sports House Competitions
11 (a)	Invasion Games Option 1: Football: Applying all knowledge and experience gained in Years 7-10 to competitive gameplay situations and scenarios.	Invasion Games Option 1: Handball: Applying all knowledge and experience gained in Years 7-10 to competitive gameplay situations and scenarios.	Alternative & Disability Sports: Covering a wide range of different alternative and disability sports such as blind football, boccia and sit-down volleyball.	Athletics: Applying all knowledge and experience gained in Years 7-10 to competitive situations and scenarios.		



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11 (b)	Option 2: Badminton: Applying all knowledge and experience gained in Years 7-10 to competitive gameplay situations and scenarios.	Option 2: Basketball: Applying all knowledge and experience gained in Years 7-10 to competitive gameplay situations and scenarios.	Alternative & Disability Sports: Covering a wide range of different alternative and disability sports such as blind football, boccia and sit-down volleyball.	Athletics: Applying all knowledge and experience gained in Years 7-10 to competitive situations and scenarios.	
11 (c)	Option 3: Fitness: Applying all knowledge and experience gained in Years 7-10 to structured gym and fitness sessions.	Option 3: OAA: Applying all knowledge and experience gained in Years 7-10 to competitive situations and scenarios.	Alternative & Disability Sports: Covering a wide range of different alternative and disability sports such as blind football, boccia and sit-down volleyball.	Athletics: Applying all knowledge and experience gained in Years 7-10 to competitive situations and scenarios.	

Within PE at Turves Green Boys' School, we offer a broad range of sports to meet the needs and desires of our students. This allows our students to develop key knowledge, skills and values while experiencing enriching experiences to enable them to become successful, resilient and confident individuals.