

28 March 2025

Dear Parent/Carer

### **Year 10 PSHE Day – Friday 4 April 2025**

I am writing to inform you about an important PSHE Day taking place for all Year 10 pupils on Friday 4 April. This day will be centred around the Netflix show *Adolescence*, which has generated significant national media attention due to its hard-hitting portrayal of the challenges and dangers young people face in today's society.

The show has been widely discussed for its raw and thought-provoking depiction of real-life issues such as peer pressure, social media influence, mental health struggles, and risk-taking behaviours. As a school, we recognise the value of using *Adolescence* as a platform to raise awareness and generate meaningful discussions among our pupils. Our aim is to equip pupils with the knowledge, resilience and critical thinking skills necessary to navigate these challenges safely and responsibly. Throughout the day, pupils will watch a significant portion of *Adolescence*, with interactive tasks and structured discussions focused around key themes and scenes. These activities will encourage pupils to reflect on the themes presented, consider the real-life implications and develop strategies to protect themselves and support their peers.

We strongly encourage all parents and carers to take the time to watch *Adolescence* if you are able to. Following feedback from our Parent Advisory Forum, we know that many parents have found it profoundly impactful and eye-opening. We believe that by engaging with this content, parents and carers can gain a deeper understanding of the challenges young people face today, helping to facilitate open and informed conversations at home.

If you have any concerns about your child's participation in this day, please contact their Head of House to discuss this further:

**Austin House:** Mr Brennan – sbrennan@tgbs.co.uk

**Boulton House:** Mr Stafford – dstafford@tgbs.co.uk

**Tolkien House:** Mr Kelley – jkelley@tgbs.co.uk

We appreciate your support in ensuring that this day is a valuable and meaningful experience for all pupils.

Yours faithfully



**Mr J Till**  
Headteacher



**Mr T Walker**  
Head of School

